


<b>PSHE Learning Journey</b>		<b>Year 1 Summer Term 2</b>	
<b>Theme Overview: Relationship and sex education (RSE) - Changes and Transition</b>		<b>Unit Outcomes</b>	
The children will explore the correct names used for their body parts as well as the physical and developmental changes they have gone through since they were babies. They will also explore the emotions they are feeling with their coming transition to year 2.		The children will know the correct names for their body parts and be able to discuss and understand different transitional emotions they may be feeling.	
<b>Skills Focus</b>	<b>PSHE Ethos</b>		
<p><b>Main Skills Focus:</b></p> <p><b>PSHE at Bland's Infant School:</b> In our school, the teaching of Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We strive to provide our children with learning opportunities in specific lessons, circle time, and group activities that enrich pupils' experiences. It allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.</p>	<ul style="list-style-type: none"> <li>• This is an opportunity for the children to move away from traditional learning at tables.</li> <li>• Children will sit in a circle on chairs, facing each other, to take part in dialogue and not only develop their confidence in speaking but also their ability to listen to their peers.</li> <li>• A calm, safe environment will be promoted throughout starting with belly breathing to focus the children.</li> <li>• The children will take turns to speak.</li> <li>• They are all encouraged to speak but they have the right to pass.</li> <li>• There is an emphasis on respect for all and promoting the use of positive, uplifting and inclusive language.</li> <li>• Lessons are presented in mixed gender classes in order to promote tolerance and understanding across gender groups as well.</li> </ul>		
	<b>Sequence of Learning</b>		
	<p><b>Lesson 1</b> <b>LI: To understand the life cycles of animals and humans and the changes they go through.</b></p> <p>The children will explore the basic stages of a lifecycle of an animal and human. They will explore the stages from baby to adult and discuss the changes they can see. The children will identify the stage they are in and understand that these changes take place at different rates for our individual unique selves.</p>	<p><b>Lesson 2</b> <b>LI: To compare development from the time they were babies.</b></p> <p>The children will continue to explore the developmental changes they have gone through as well as how their abilities have advanced since they were babies. They will compare from one stage to the next and create a book about themselves.</p>	<p><b>Lesson 3</b> <b>LI: To understand how their body has changed since they were a baby.</b></p> <p>The children will focus on their own development from the time they were babies and create a class picture collage with captions about their physical changes, developmental changes and changes to who they are as a person.</p>
	<p><b>Lesson 4</b> <b>LI: To use the correct names for the parts of body that make boys different to girls.</b></p>	<p><b>Lesson 5</b> <b>LI: To discuss how they are feeling about moving up to year 2.</b></p>	<p><b>Lesson 6</b> <b>LI: To spend some time in year 2 getting to know the area and routines.</b></p>

	<p>Children will explore the features that distinguish boys from girls.  They will explore the correct vocabulary to use for male and female private body parts and be shown images that relate to the vocabulary.  The children will also further explore the concept of why they are called 'private parts and the feelings they may have when discussing them.  A discussion will be held to support the children's understanding that because their private parts are private, others do not have the right to touch them as well as who they can talk to if they are feeling uncomfortable about anything that might happen.</p>	<p>The children will explore the variety of emotions they are feeling with the upcoming move to year 2.  They will compile some questions to deliver to year 2 and ask some year 2 children to come and chat to them with the answers.  The children will take a tour of the year 2 environment so that it can become a familiar space for them.</p>	<p>The children will recap some of the feelings they may be having about the upcoming transition and reassured that they are all acceptable emotions.  Take the children to year 2 to spend some time with the current group and do some activities with them.  The children will have the opportunity to share their favourite memories of year 1 and create a class memory box.</p>
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